Summer Training 2019

General Training

The General Training Course provides cadets who have recently joined the Cadet Program an introductory summer training experience where they will participate in a variety of activities from each specialty, to include Drill and Ceremonial, Music, Marksmanship, and Expedition. Cadets applying for this course should have successfully completed Green Star.

Basic Drill and Ceremonial (Army)

The Basic Drill and Ceremonial (Army) Course provides cadets an opportunity to build on drill learned at the corps, participate in advanced drill and ceremonial activities, and to develop leadership skills and knowledge; while performing the role of a team leader. Activities include commanding a squad on parade, drill with arms, flag drill, and marksmanship training. Cadets applying for this course should be 13–14 years of age, and have successfully completed Red Star.

Drill and Ceremonial Instructor (Army)

The Drill and Ceremonial Instructor (Army) Course provides cadets an opportunity to develop the skills and knowledge to become a Drill and Ceremonial Instructor. Activities include advanced drill, instructional techniques and leadership. Cadets applying for this course should be 14–15 years of age, and have successfully completed Silver Star.

Basic Expedition

The Basic Expedition course provides cadets with the fundamentals of expedition training, building upon what has been taught in Red Star of the Corps program. Activities include navigation, a five-day expedition and adventure training. Cadets applying for this course should be 13–14 years of age, and have successfully completed Red Star.

Expedition Instructor

The Expedition Instructor course provides cadets with the knowledge and skills to perform the duties of a specialist with the skills and subject matter knowledge required to be an instructor and team leader for Expedition activities within the Army cadet program. Activities include first aid, navigation, an 18-day expedition, adventure training, leadership and instructional technique. Cadets applying for this course should be 14–15 years of age, have achieved a minimum of the Bronze Level of the Cadet Fitness Assessment Incentive Level, and have successfully completed Silver Star.

Basic Marksman

The Basic Marksman Course provides cadets an opportunity to develop marksmanship skills and subject matter knowledge. Activities include team-building, marksmanship and adventure training. Cadets applying for this course should be 13–14 years of age, and have successfully completed Red Star.

Basic Fitness and Sports

The Basic Fitness and Sports course provides cadets an opportunity to participate in fitness and sports activities, and to develop knowledge and skills on how to perform the duties of a Fitness and Sports Assistant. Activities include following a personal fitness routine, leading warm-up and cool-down sessions, assisting with the Cadet Fitness Assessment and assisting with recreational sports. Cadets applying for this course should be 13–14 years of age, and have successfully completed Phase Two / Red Star / Proficiency Level Two.

Fitness and Sports Instructor

The Fitness and Sports Instructor Course provides cadets an opportunity to develop as a fitness and sports specialist with the skills and subject matter knowledge required to perform the role of a Fitness and Sports Instructor and a team leader for fitness and sports activities conducted at the corps/squadron during regionally directed activities and/or as a staff cadet at a CSTC. Activities include personal fitness and healthy living, conducting the Cadet Fitness Assessment, and leading recreational sports. Cadets applying for this course should be 15–16 years of age, and have successfully completed Phase Three / Silver Star / Proficiency Level Three.
Air Rifle Marksmanship Instructor

The Air Rifle Marksmanship Instructor Course provides cadets an opportunity to develop marksmanship skills and knowledge, and to instruct and lead air rifle marksmanship activities. Activities include first aid, advanced marksmanship, instructional techniques and coaching. Cadets applying for this course should be 15–16 years of age, and have successfully completed Phase Three / Silver Star / Proficiency Level Three.

Military Band – Basic Musician

The Military Band – Basic Musician Course provides cadets an opportunity to participate in music training and military band activities, to prepare them to support corps / squadron music programs. Activities include maintaining a primary instrument, music theory, demonstrating rhythm skills, executing drill as a member of a band, and performing ensemble music as a member of a band. Cadets applying for this course should be 13–14 years of age, and have successfully completed Phase Two / Red Star / Proficiency Level Two.

Military Band – Intermediate Musician

The Military Band – Intermediate Musician Course provides cadets an opportunity to participate in music training and military band activities, to prepare them to support corps / squadron music programs. Activities include first aid, maintaining a primary instrument, music theory, executing drill as a member of a band, and performing ensemble music as a member of a band. Cadets applying for this course should have obtained a Military Band Music Level Basic, be 14–15 years of age, and have successfully completed Phase Three / Silver Star / Proficiency.

Military Band – Advanced Musician

The Military Band – Advanced Musician Course provides cadets an opportunity to participate in advanced music training and military band activities, to prepare them to lead and instruct corps’ music programs. Activities include music theory, executing drill as a member of a band, performing ensemble music as a member of a band. Cadets applying for this course should have obtained a Military Band Music Level Basic, be 15–16 years of age, and have successfully completed Phase Four / Gold Star / Proficiency Level Four.

Pipe Band – Basic Musician

The Pipe Band – Basic Musician Course provides cadets an opportunity to participate in music training and pipe band activities, to prepare them to support corps / squadron music programs. Activities include highland dance, maintaining a primary instrument, music theory, demonstrating rhythm skills, executing drill as a member of a band, and performing ensemble music as a member of a band. Cadets applying for this course should be 13–14 years of age, and have successfully completed Phase Two / Red Star / Proficiency Level Two.

Pipe Band – Intermediate Musician

The Pipe Band – Intermediate Musician Course provides cadets an opportunity to participate in music training and pipe band activities, to prepare them to support corps / squadron music programs. Activities include first aid, highland dance, maintaining a primary instrument, music theory, executing drill as a member of a band, and performing ensemble music as a member of a band. Cadets applying for this course should have obtained a Music Proficiency Level – Pipes and Drums Level Two, be 14–15 years of age, and have successfully completed Phase Three / Silver Star / Proficiency Level Three.

Pipe Band – Advanced Musician

The Pipe Band – Advanced Musician Course provides cadets an opportunity to participate in advanced music training and pipe band activities, to prepare them to lead and instruct corps’ music programs. Activities include highland dance, music theory, executing drill as a member of a band, performing ensemble music as a member of a band, leadership, and instructional technique. Cadets applying for this course should have obtained a Music Proficiency Level – Pipes and Drums Level Three, be 15–16 years of age, and have successfully completed Phase Four / Gold Star / Proficiency Level Four.

All 6 week courses are 8 July to 16 August 2019
General Training will be 5-16 August 2019
All 3 week courses are 29 July to 16 August 2019